

What to expect on the day of your medical appointment at Central Manpower Base (CMPB)?

You will go through four stations:

The sequence will vary depending on the actual day, and we will channel you through the most optimal route.

Please have a meal before reporting as the entire process will take about four to five hours.

1 Photo Studio

2 E-fitting station

3 Medical screening

A diagram showing six medical screening stations arranged in two rows. Each station is represented by an icon and a text label:

- Clinical Laboratory Station:** Represented by a syringe icon.
- Dental Station:** Represented by a tooth icon.
- Ear, Nose and Throat Station:** Represented by a headset icon.
- Eye Station:** Represented by an eye icon.
- X-ray Station:** Represented by an X-ray film icon.
- Clinical Examination Station:** Represented by a stethoscope icon.

4 Psychometric test

Please visit us at www.cmpb.gov.sg/cmpb/medical-screening for more information on related topics:

- Psychometric test: What it is for, duration and sample questions
- Medical reviews
- Physical Employment Standard

Things to note

WHAT SHOULD I BRING?

Identity documents

Any two of the following:

- NRIC
- Student EZ-Link card
- Passport
- Driving license

Medical documents (if applicable)

- Medical reports
- Hospital appointment cards
- X-ray films
- Blood donation card
- School health booklet

Medical Screening Questionnaire

- Ensure that your parent/guardian has acknowledged your questionnaire

Education certificates & transcripts

- For private and overseas courses only

WHAT SHOULD I WEAR?

Attire:

- T-shirt
- Shorts/pants
- Wear spectacles if you are bespectacled

Personal Grooming:

- Clean shave
- Neat and short haircut for photo-taking

NOT ALLOWED

- Contact lenses
- Coloured, long, or messy hair
- Jewellery