

What to expect on the day of your medical appointment at Central Manpower Base (CMPB)?

You will go through four stations:

The sequence will vary depending on the actual day, and we will channel you through the most optimal route.

Please have a meal before reporting as the entire process will take about four to five hours.

1 Photo Studio

2 E-fitting station

3 Medical screening

Clinical Laboratory Station	Dental Station	Ear, Nose and Throat Station
Eye Station	X-ray Station	Clinical Examination Station

4 Psychometric test

Please visit us at www.cmpb.gov.sg/cmpb/medical-screening for more information on related topics:

- Psychometric test: What it is for, duration and sample questions
- Medical reviews
- Physical Employment Standard

Things to note

WHAT SHOULD I BRING?

Identity documents

Any two of the following:

- NRIC
- Student EZ-Link card
- Passport
- Driving license

Medical documents (if applicable)

- Medical reports
- Hospital appointment cards
- X-ray films
- Blood donation card
- School health booklet

Medical Screening Questionnaire

- Ensure that your parent/guardian has acknowledged your questionnaire

Education certificates & transcripts

- For private and overseas courses only

WHAT SHOULD I WEAR?

Attire:

- T-shirt
- Shorts/pants
- Wear spectacles if you are bespectacled

Personal Grooming:

- Clean shave
- Neat and short haircut for photo-taking

NOT ALLOWED

- Contact lenses
- Coloured, long, or messy hair
- Jewellery